

Sports Offered at Orewa College

Athletics
 Badminton
 Basketball
 Beach Volleyball
 Cricket
 Cross Country
 Equestrian
 Football
 Golf
 Hockey
 Lawn Bowls



Multi Sports (Triathlon & Duathlon)



Netball
 Rugby
 Squash
 Snowboarding
 Swimming
 Surfing
 Table Tennis
 Tennis
 Touch
 Volleyball

Sports Department

Mrs Miller Director of Sport
 Mrs Waratini Sports Administrator
 Mr Potgieter Year 7 & 8 Sports Coordinator

Health & Physical Education Dept

Mrs Foden - Head of Department
 Mr Ashton
 Miss Ball
 Miss McAvoy
 Mr Dickinson
 Mrs Goodrick
 Mr McCarthy
 Mrs Miller
 Mr Preston-Thomas

For further information and enquiries, please contact:

*Mrs E Miller
 Director of Sport
 E.miller@oc.school.nz
 Phone: 427 3833 ext 241
 Fax: 426 5415*

*Mr A Potgieter
 Sports Coordinator Year 7 & 8
 A.potgieter@oc.school.nz
 Phone: 427 3833
 Fax: 426 5415*



... towards enriched and responsible citizenship

Sport 2012

Phone: (09) 427 3833
 Fax: (09) 426 5415
 Email: admin@oc.school.nz
 www.orewa.school.nz

Riverside Road
 P O Box 345
 Orewa
 Auckland

Orewa College Sporting Vision:

Orewa College will provide a wide range of sporting activities for students to participate at a level to suit individual ability. Elite performers will have every opportunity to excel and achieve their potential.

High Performance Sports Class

- Sports classes are offered in Year 9, 10 and in the Senior school
- Students apply in Year 8 to be part of this group in Year 9, and will need to reapply in Year 10.
- The programme offered in Year 9 and 10 will nurture, develop as well as monitor an athlete's progress
- All students in these academies are encouraged to participate in school sports teams to give staff the opportunity to monitor their progress
- Athletes have the opportunity to develop their individual skills that will help to enhance their chosen sports.

Senior High Performance Class

- Offers gifted athletes an accelerated programme along with the opportunity to gain knowledge and understanding of aspects involved in becoming an elite athlete
- The class enable students to further develop their fitness levels and skills, where they can feed off the talents of others in the class to push themselves to reach their potential.

SHINE Programme

This programme is run in conjunction with AUT and targets mainly our senior elite athletes. Students are chosen for this programme. Shine offers students the opportunity to learn about being the "Best that they can be", sponsorship, communication and not to be afraid of their successes and failures.



How We Acknowledge Success

We focus heavily on celebrating success through a number of avenues including the weekly High Tide and Watermark newsletters, both of which are sent to all Orewa College families.

In addition to this, success is celebrated in the local newspapers, Awards Ceremonies, Achievers' Breakfast and the ultimate Orewa College Sports Awards.

Sports Prefects 2011

Nick Bewley
Tyler Miller
Nicola Coventry
Claudia Twine
Keegan Flood
Emmaline Fawcett
Angus Hellen

Each year students from Year 13 are elected to be Sports Prefects. Their role is an important one, as they will be seen as sporting role models to the younger students.

Their responsibilities include:

- Supporting College sports teams on a regular basis.
- Supporting the Sports Co-ordinator in running major events such as Athletics, Swimming Sports, Sports Dinner and House Events.
- Displaying good sportsmanship and encouragement at all times.
- Organise inter-house competitions at lunch-time.



International Students

International students are encouraged to participate in Orewa College sports, and equipment is available for their use from the International Student Department.